

National Conference on Sustainability of millets: in modern era and its nutraceutical potential for human health

[19 & 20 October, 2023]

Organized by



IQAC

**M.M.M. (P.G.) College Bhatpar Rani,
Deoria, U.P. -274702**

A post graduate college affiliated to
D.D.U. Gorakhpur University, Gorakhpur

In collaboration with



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DEAR FRIENDS AND COLLEAGUES-

Madan Mohan Malviya Post Graduate College Bhatpar Rani, Deoria cordially invites you in two days national conference in context to **International Millet Year 2023** to be held on 19 & 20 October 2023.

ABOUT COLLEGE-

MMM PG College Bhatpar Rani, Deoria, established in 1967 was named after great freedom fighter Pandit Madan Mohan Malviya and affiliated to D.D.U. Gorakhpur University, Gorakhpur. The college offer post graduate courses in Geography, Economics, Hindi, Ancient History, Sociology and Botany with full time graduation course in B.A., B.Sc. and B.Ed. Throughout the session we are engaged with various Academic, Intellectual, Sports and Cultural activities, for multidimensional development of students and society.

HOW TO REACH BHATPAR RANI-

Bhatpar Rani is a town of Deoria district, located at border of Bihar, is well connected by rail and road routes. The best transportation available is train although different road convenience is also available from Gorakhpur to Bhatpar Rani via Salempur. The most suitable train is **Maurya Express** starting from **Gorakhpur** at **07:20 am** and reaches **Bhatpar Rani** at **09:15 am**. College is located just at walking distance from Bhatpar Rani Railway Station.

THEME OF THE CONFERENCE-

Food security and good health is one the biggest challenge of this era. On the other hand, some peoples are facing obesity and other health issues related to high calorie food.

The imbalance diet is responsible for obesity, diabetes, cardiac arrest, porous bones, depression, etc. Many cereals, available economically feasible and tasty but are not healthy. Peoples are very conscious about health. *Millets* is one of the best solution due to nutritious value.

It is impossible to overstate the importance of excellent nutrition and healthy food. Whole grains, including wheat, rice, lentils, and pulses, are commonly eaten and advised by nutritionists and other health experts. Another ancient superfood that has recently attracted attention is millet. Millet has been grown on the Indian subcontinent for at least 5,000 years and is common throughout Africa and Southeast Asia. In reality, millet's adaptability and ease of cultivation are reviving interest in it. You may find different types of millet throughout India. The health advantages of millet can be found in all of these varieties.

The aim of this conference is to develop a better understanding about millets and its nutrition values, and in broad seance to aware society about millets.

The proposed conference is an attempt to provide a platform to academicians, scientists, environmentalists, research scholars and students to exchange their thoughts, ideas, studies, research and findings regarding the Millets and their effect on human health.

SUB-THEMES OF THE CONFERENCE-

The government of India has been decided to celebrate year 2023 as *Millet Year* (Shree Anna). The main focus is to explore the different characteristic nutrition effects on human health. It is the duty of students of scientific temperament to study every aspect of the millets and their Scientific and Humanistic factors. No wonder that science can solve the problems regarding human health.

The following are the sub- divisions of main theme of the conference:

1. Millet's diversity
2. Nutraceutical properties and phytochemicals of millets.
3. Farming pattern of millets in India
4. Awareness about production and consumption of millets
5. Use of millets as animal food
6. Micro-nutrients in millets (essential amino acids and mineral components)
7. Nutrition profile of millets
8. Millets as health promoter and disease preventer
9. Processing of millets for the formulation of fortified and value-added products
10. Ecology, Economy and Ethical values of millets
11. Role of common people and government policies to promote the use of millets
12. Conservation of indigenous varieties of cereal crop

CALL FOR ABSTRACT

Registration for participation in conference will start from 2nd October 2023. Persons willing to participate are requested to send an abstract, maximum 300-500 words of their research paper through e-mail to Organizing Secretary at nationalconference.mmm@gmail.com before 15th October 2023. Abstract should be typed in times

New Roman having font size 12 with double spacing or in Kurtidev 10 having font size 14 with double spacing.

All of the participant are requested to submit their research paper (not more than 5000 words) which will be published in Special Issue of Journal *Eastern Scientist* (ISSN: 2581-7884) or you can submit different chapters regarding theme of the conference or its sub-themes. These chapters are published as proceeding of the conference with ISBN number. The hard copy of published work will be provided to each of the author.

CONFERENCE SOUVENIR-

A Conference Souvenir will be published in soft copy of pdf format and released during the inaugural session of the conference.

REGISTRATION-

All of the participants will register themselves individually. Registration fee is payable in favour of Convener, National conference 2023, MMM PG College Bhatpar Rani, Deoria, along with filled registration form. Spot registration is also permitted.

Category	Registration Fee
Professionals/ Academicians	Rs 1000
Research Scholars	Rs 600
UG & PG Students	Rs 300

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ACCOMMODATION-

The delegates are accommodated in the Guest House of College or Hotels in Deoria [on payment basis].

For any Query Please Contact-

Dr. Ram Autar Verma

Convener

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